

# Cell Phone **smart**



## Be Aware, Show You Care

**Being present and staying focused on one activity at a time can help keep you safe.**

- Having a cell phone is a privilege, and the best way to show you've earned it is to use it correctly.
- Being safe means not trying to text or play with your phone when riding a bike or crossing the street.
- If you're on your phone, you could miss important information like where your little brother or sister wandered off to or when your parents need you home for dinner.

Get Cell Phone Smart – visit  
[www.cellphonesmart.org](http://www.cellphonesmart.org)



This project is supported by grant funding awarded by the Office of Juvenile Justice and Delinquency Prevention (OJJDP), Office of Justice Programs, U.S. Department of Justice.

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## Be Nice, Think Twice

**Be safe, be nice and think twice before you hit send!**

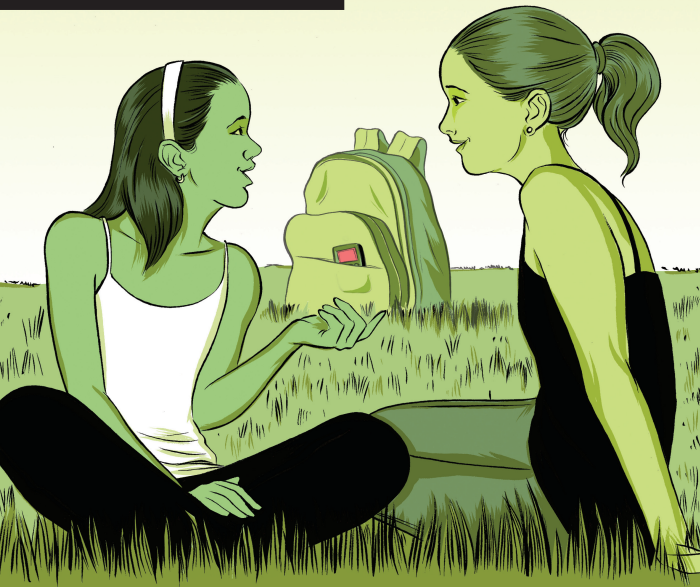
- Once you send a message, you can't get it back, even if you say something you wish you hadn't.
- You can't control who sees your message – even if you only meant it for one friend, he or she could forward the message or show it to someone else.
- Before you hit send, ask yourself important questions like "Am I sending private information?" and "Would anyone be hurt or upset if they saw this message or picture?"

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## A Time and Place to Show Your Face

**It's better to have important conversations in person.**

- There's a difference between what you can do with your cell phone and what you should do with it.
- While it may seem easier to apologize through a text message, it's more sincere to have these important conversations in person.
- A cell phone can be convenient, but it's more meaningful to spend time with friends face to face.

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